



DIVE

PREVIEW

Pray as though everything
depended on God. **Work** as though
everything depends on you."

—St. Augustine

Dive

Year 2, Unit 5

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Background Mosaic



Paul Honors God by Working

Ever since he was knocked to the ground on the road to Damascus and heard Jesus' voice, Paul was a man on a mission. He traveled from city to city, usually walking down dusty roads, sometimes sailing through stormy seas to faraway places. In three long journeys Paul covered thousands of miles and dozens of cities and towns, from Jerusalem to Rome.

Paul's missionary trips weren't exactly relaxing. Many times he was thrown into prison and then beaten severely with whips or rods. Once he was nearly stoned to death; three times he was shipwrecked. In his own words,

"I have been in danger from rivers . . . from bandits . . . in the city . . . in the country . . . at sea . . . I have labored and toiled and have often gone without sleep;

I have known hunger and thirst and have often gone without food; I have been cold and naked."

(2 Cor. 11:26-27).

Everywhere he went, Paul preached the gospel. But he also worked at an ordinary job to help pay his expenses. He didn't want new believers—who were often poor—to pay for his food or clothing or housing. He wanted to be an example of hard work for those to whom he preached.

When he was young, Paul had learned how to make tents. So whenever Paul arrived in a new city he went job hunting, looking for people like himself who made tents.

In Corinth, Paul found two tentmakers: a husband and wife named Aquila and Priscilla.

They were glad to have Paul help them in their business because he was a hard worker. Soon they became friends as well as coworkers.

The three made tents every day except for the Sabbath. On that day they worshiped in the synagogue, where Paul tried to persuade the Jews that Jesus is the Christ, the one sent by God to save people from their sins.

Paul stayed in Corinth for quite a long time, preaching and making tents with Priscilla and Aquila. One day Paul's young friend Timothy came to Corinth and gave Paul a personal report on the small group of believers in Thessalonica. Timothy told Paul that some of the believers had quit their jobs. Paul decided to write the Thessalonians a letter. In the letter he said:



In the name of the Lord Jesus Christ, we command you to keep away from believers who are idle and do not live according to the teaching you received from us. For you yourselves know you ought to follow our example. We were not idle when we were with you, nor did we eat anyone's food without paying for it. On the contrary, we

REVIEW

worked night and day, laboring and toiling so that we would not be a burden to any of you. We did this, not because we do not have the right to such help, but in order to make ourselves a model for you to follow. For even when we were with you, we gave you this rule: 'Anyone unwilling to work should not eat.'

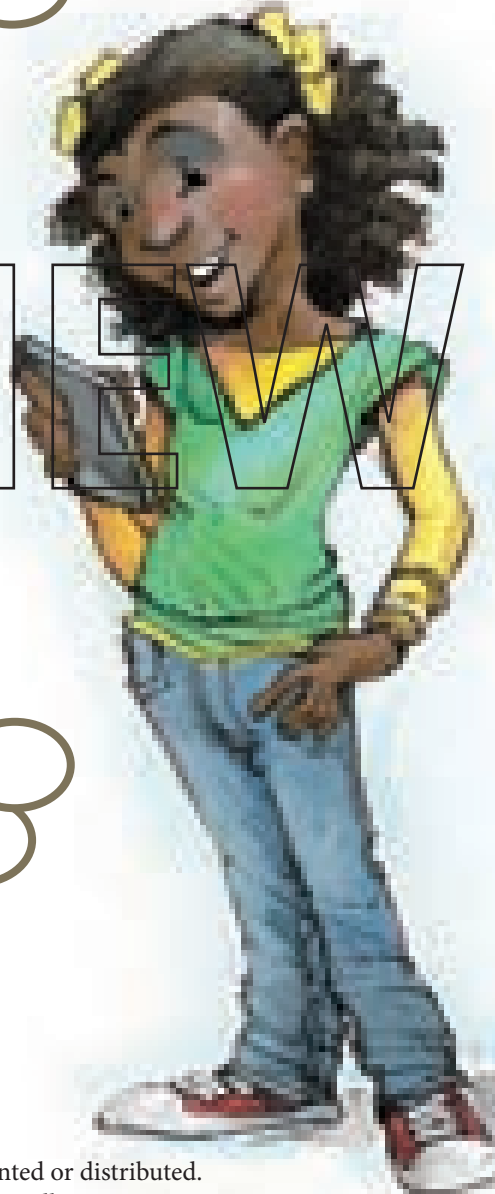
Timothy has reported that some among you are idle. They are not busy; they are busybodies. Such people we command and urge in the Lord Jesus Christ to settle down and earn the bread they eat. And as for you, brothers and sisters, never tire of doing what is right."

(adapted from 2 Thessalonians 3:6-13)

Paul never tired of working hard and "doing what is right." As far as we know, he preached about Jesus until the day he died.

Whatever you do it with all your heart

List all the things you do on a typical day along with approximately how long you take to do each one. Next to each activity, draw one of the following



o, work at heart . . .

typical weekday,
long it takes
listed activity,
symbols:



time spent taking care of myself (brushing teeth, getting ready for school, eating, sleeping, etc.)



time spent working (schoolwork, homework, chores around the house, etc.)



time spent alone (thinking, reading, watching TV, computer, etc.)



time spent having fun with others (playing sports, shopping, hanging out, etc.)



time spent with God (worshiping, reading the Bible or a devotional book, praying, meditating on God's Word, etc.)

Activity	Time Spent	Symbol
Eat breakfast	7-7:15am	

The work I like to do least is . . .

The work I like to do best is . . .

I honor God in my work when I . . .

A large illustration at the top of the page shows Brother Lawrence in a brown habit working in a kitchen. On the left, he is seated at a wooden table, peeling a potato. On the right, he stands holding a long-handled broom, sweeping the floor. A large arched window in the background shows a blue sky with two birds flying. A large, stylized word "PREVIEW" is overlaid across the center of the illustration.

PREVIEW



Brother Lawrence, who lived in the 1600s, was a lay brother in the Carmelite Order in Paris. He became a monk, thinking he would have peace and quiet and time to pray. Instead he was assigned to the kitchen. At first he was resentful. He didn't want to peel potatoes and chop vegetables, sweep the floor, and be at the beck and call of his superiors. But gradually he developed a method of praying: if he was peeling potatoes, he would pray that God would peel off his layers of resentment. If he was sweeping the floor, he would pray that God would sweep away any tendency in his heart to sin. He would welcome God's love as he set the table, that all who ate there would be blessed.

—from the sermon "Attitude of Gratitude: A Can-Do Attitude" by Rev. Fran Wiebenga. Posted at www.wahiaawaumc.org/sermons/11-14-10.html

In all work, even in dull tasks, I should do my very best so that I may honor my Lord.

—Q&A 71

*Read Genesis 2:4b-17
and write down what
kind of work God gave Adam to do.*

*What ideas do you have
now about the work you
might do when you are
an adult?*

*When you were five years old,
what did you want to be when
you grew up?*

*Read Mark 6:1-6 and
write down what kind
of work God gave Jesus
to do.*

*Read 2 Thessalonians 3:6-13
and jot down some ways in
which you might follow the
examples of Paul and Timothy.*

**Jesus
was a carpenter.**

In the Greek translation,
the word is tekton, meaning
craftsman: a person who
builds with wood or, more
likely, stone!



Take Care of

PREVIEW

All: O LORD
how majestic is your

Group One: Your glory is
by the mouths of

Group Two: you have set up
to still the enemy

Group One: When I look at your
the moon and the stars th

Group Two: what are human bei
mortals that you

Group One: Yet you have made
and crowned them w

All: You have given them dominion
you have put all thi

Group Two: all
and also the bea

Group One: the birds of the
whatever passes along

All: O LORD
How majestic is your

—Psalm 8 (adapted)

The Lord God put the man in the Garden of Eden. He put him there to work its ground and to take care of it . . .

My World!

O Lord, our Lord,
your name in all the earth!

you have chanted above the heavens
to babes and infants;

you have set up a defense against your foes
O Lord, our Lord, the avenger.

you have made the heavens, the work of your fingers,
all that you have established,

things that you are mindful of them,
you care for them?

you have made them a little lower than God,
crowned with glory and honor.

your dominion over the works of your hands;
your angels under their feet,

your sheep and oxen,
all the beasts of the field,

the birds of the air, and the fish of the sea,
all the paths of the seas.

O Lord, our Lord,
your name in all the earth.

(Adapted from the NRSV)

The Lord God had formed all of the wild animals. He had also formed all of the birds of the air. He had made all of them out of the ground. He brought them to the man to see what names he would give them. And the name the man gave each living creature became its name. So the man gave names to all of the livestock. He gave names to all of the birds of the air. And he gave names to all of the wild animals.

—Genesis 2:15, 19-20a (NIRV)

Q&A

What is your responsibility toward God's world?

God expects me to respect all creatures, to use nature, not to abuse it, and to preserve the earth in good condition for future generations.

—Q&A 72



What God Expects

What do the two Bible passages tell you about our responsibility in God's world?

Q&A 72 says that we are to “respect all creatures.” What are some of the “creatures” you might see in a typical day? Jot down some ways in which you could show respect for them.

Q&A 72 tells us not to abuse nature. Give some examples you’ve seen of people abusing nature. What are some of your favorite ways to use, not abuse, the natural world?

What one thing will you do that helps “preserve the earth in good condition for future generations”?



REDUCE REUSE RECYCLE

REDUCE

Use less of everything.

That means

- take shorter showers.
- turn off unused lights.
- don't buy things you don't need.
- don't buy things that have lots of packaging.
- set the thermostat at your house to a lower temperature and wear warmer clothes when you're cold.
 - use a bicycle to get to places that are close.

REUSE

Whenever possible, reuse things over and over.

- take a shopping bag to the store.
- remind your family to reuse items like Styrofoam cups.
- pass along your old books to friends.
- see whether you can reuse brown paper lunch bags for a whole week—or longer.
- save your gift wrapping for another occasion.



PREVIEW

USE

*possible, use
er again.*

means

bag along to the

ily not to
tems, such as
.
old magazines and
s.
u can reuse a
ch sack for a
r a month!
rap for another

RECYCLE

Newspapers, cardboard, bottles,
plastic containers,
and tin items can be
returned to recycling
centers to be
reused for other
things. Talk to
your family
about getting
into the
recycling
habit.



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Give Us Your Garbage

PREVIEW

When the middle school youth from Friendship Christian Reformed Church in Byron Center, Michigan, knock on their neighbors' doors, they aren't selling candy or collecting pop cans. Every spring they invite people to give them their garbage.

The young people gather truckloads of trash from about 300 homes, separating the items that can be recycled from those destined for a landfill. They also clear trash from streets and vacant lots in a designated area. Their "treasures" have included tires, appliances, wood, paint, yard waste, and even an old organ. Although there is no charge for this service, some people offer donations, which the youth put toward funding mission trips.

In another cleanup project for a summer SERVE program, the 60 teens the church hosted visited about 400 homes on a two-day trash hunt. They sorted out metal, batteries, and electronics and also toured an electronic recycling company called Comprenew.

—Carolyn Koster Yost

What are some ideas you have for how your youth group can help preserve the earth?



Definition of Prayer:

The English word for prayer means “petition” or “request.” *Precari*, the Latin word for pray, means “to beg.” The Hebrew word, *palal*, means “to meditate,” and a related Hebrew word, *tsela*, means to bow down. In New Testament Greek, the word for pray, *euchomai*, means to “wish” or “vow.” So to pray is to petition, request, beg, meditate, bow down, or wish. Prayer is all that and more.

—Patricia D. Brown, *Paths to Prayer: Finding Your Own Way to the Presence of God* (John Wiley and Sons, 2003), p. 14

Why do you need to pray?

Because prayer is the most important way I can thank God and because God gives good gifts and the Holy Spirit only to those who daily ask for them.

—Q&A 73

Prayer and You

I need to pray because...

one time that I talk with God (or would like to talk with God) each day is...

one thing I often like to praise or thank God for is...

one thing I often ask God for is...

one thing I'd like to change about my prayer life is...

How should you, as a Christian, pray?

I should pray from the heart, believing that the one true
God will surely listen to my prayer.

—Q&A 74



In the Quiet

I sit in the quiet,
my thoughts turn to you.
Oh Lord, I don't always
know just what to do.
Please speak through your Spirit,
and lead me, I pray,
and help me to listen
to what you will say.

PREVIEW

To me, this means that I ...

➤ To me, this means that ...

Prayers from

These prayers were
from a student at
Christian School in Patuxent
Psalms of the

PREVIEW

Dear Lord God,

I pray to You every day
for what I need
and You give it to me.
I will keep on praising Your name.
Jesus, I love you.

—Jasmine Battle

Dear God,

I thank You for providing me
with a mother, father, and grandparents.
I thank You for a bed to sleep in,
food to eat,
and letting my mother and father
have money for clothes.
I thank You for letting me go to this
school.
Dear Lord, I thank you.

—Tuanshai Bracey

God,

Thank You for the sun
for it is like a lamp
that lights up the world.
I praise you for my family,
and for the love they give me.
I will lift up Your name,
for, if it were not for You,
I would be nothing.
I am blessed
because You have given me life.
Thank You for the Bible
for it shows how much You
love me.

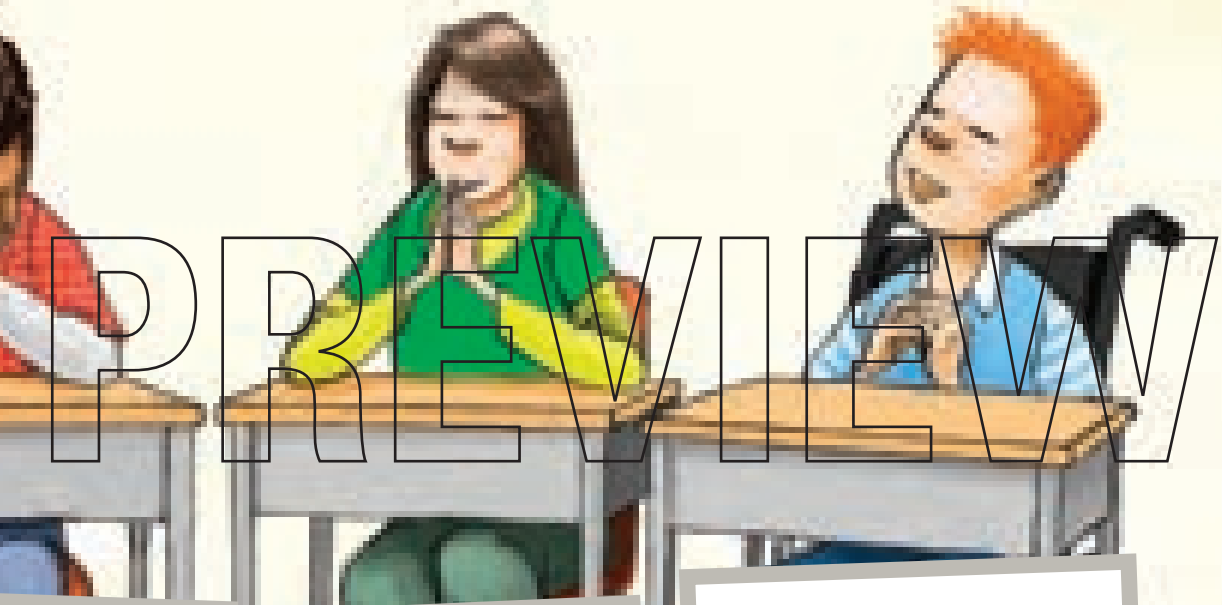
—Monica Boyd

Dear God,

We know
we have done bad things
but we want You to
forgive us.
We love You, and we
and that You will never
We want You to be
and not disappointed.
We ask You to give us
deliverance, strength,
protection from Satan.
You're our Father and
and we thank You for
You are the most important
in our life
and we love you dearly.

From the Heart

re written by the 5th and 6th graders of Dawn Treader
erson, New Jersey. They were published in a book titled
he Dawn Treaders (CRC Publications, 1988).



things,
forgive us.
e know You love us,
ver leave us.
proud of us
ed.
us
th, and especially
tan, sin and lies.
nd our Creator
r making us.
portant thing

ly.
—DeAna Generals

Dear Lord,

You take my hand
and guide me on the bridge of life.
You love me
through confusion and strife.
You won't leave me
when I seem to wander.
I do not have to be afraid
of the rocking thunder.
When nightmares come
I won't fall or stray.
I will stay forever
and You will be with me always.

—Lamar Miller

Lord,

I thank you for that great ball of fire
which lights the earth by day.
I praise You for the beauty of the moon
that stands out against
the black night sky.

—Jason Terpstra

Dear Lord,

Thank You for all the trees in the fields.
Thank You for my new cousin,
that he could be born on my birthday!

I thank You for all that you give me.
Thank You so much
for my home and family. Amen.

—Benjamin Algera



A Prayer from My Heart

PREVIEW

Psalm 18:1-3, 6 (NIV)

I love you, LORD, my strength. The LORD is my rock, my fortress
and my deliverer; my God is my rock, in whom I take refuge,
my shield and the horn of my salvation, my stronghold.
I called to the LORD, who is worthy of praise, and I have been
saved from my enemies.

In my distress I called to the LORD; I cried to my God for help.

From his temple he heard my voice;
my cry came before him, into his ears.

Psalm 28:1-2, 6-7 (NIV)

To you, LORD, I call; you are my Rock, do not turn a deaf ear to
me. For if you remain silent, I will be like those who go down to
the pit. Hear my cry for mercy as I call to you for help, as I lift up
my hands toward your Most Holy Place.

Praise be to the LORD, for he has heard my cry for mercy.
The LORD is my strength and my shield; my heart trusts in him,
and he helps me. My heart leaps for joy,
and with my song I praise him.

Psalm 31:1-2, 22, 24 (NIV)

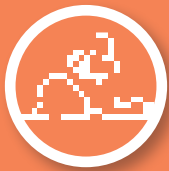
In you, LORD, I have taken refuge; let me never be put to shame;
deliver me in your righteousness. Turn your ear to me,
come quickly to my rescue; be my rock of refuge,
a strong fortress to save me.

You heard my cry for mercy when I called to you for help.
Be strong and take heart, all you who hope in the LORD.

Psalm 55:1-2, 16-17 (NIV)

God, listen to my prayer. Pay attention to my cry for help. Hear
me and answer me. My thoughts upset me. I'm very troubled.

But I call out to God. And the LORD saves me. Evening, morning
and noon I groan and cry out. And he hears my voice.



Psalm 103:13 (NirV)

**A father is tender and
kind to his children.**

**In the same way, the
Lord is tender and kind to
those who have respect for him.**

Matthew 6:26 (NirV)

**Look at the birds of the air. They don't
plant or gather crops. They don't put
away crops in storerooms. But your
Father who is in heaven feeds them.**

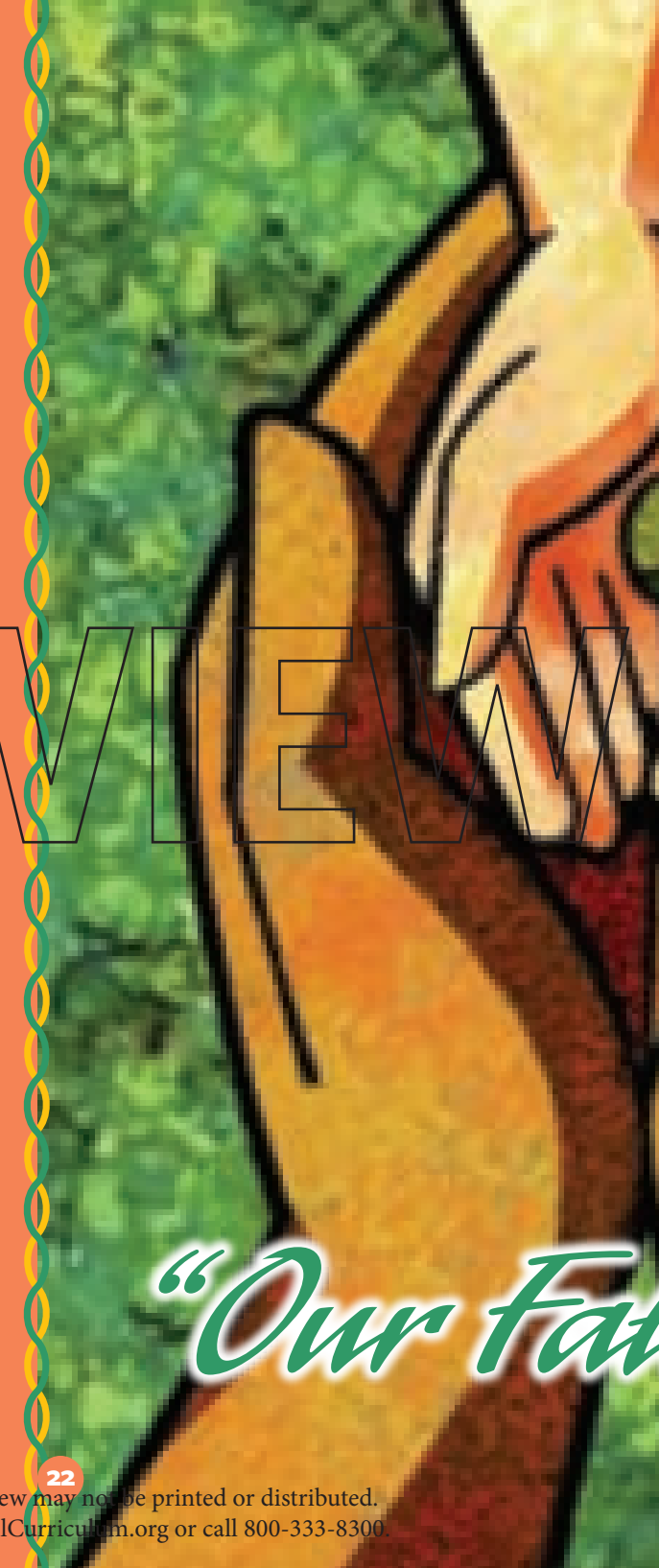
**Aren't you worth much more than
they are?**

Matthew 7:9-11 (The Message)

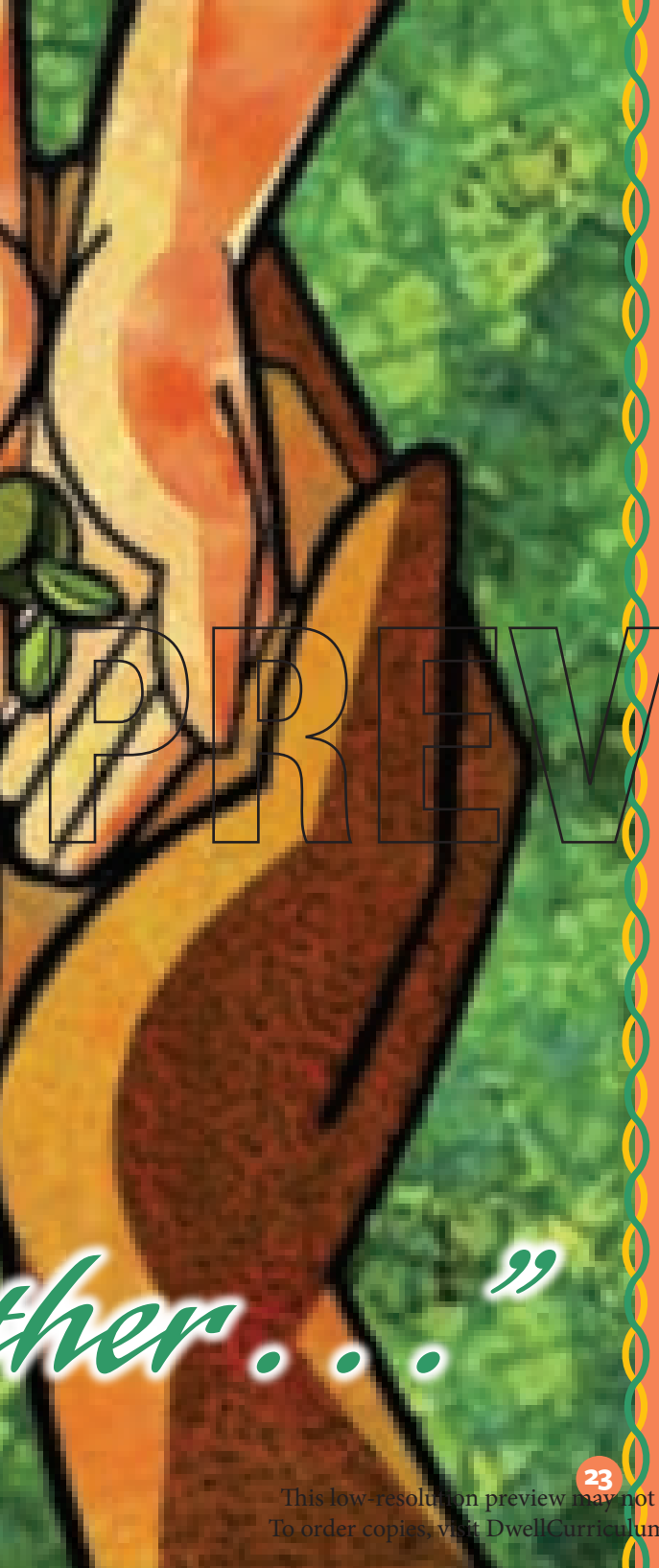
**If your child asks for bread, do you
trick him with sawdust? If he asks
for fish, do you scare him with a live
snake on his plate? As bad as you
are, you wouldn't think of such a
thing. You're at least decent to your
own children. So don't you think the
God who conceived you in love will
be even better?**

Romans 8:14-16 (NRSV)

**For all who are led by the Spirit of
God are children of God. For you did
not receive a spirit of slavery to fall
back into fear, but you have received
a spirit of adoption. When we cry,
"Abba! Father!" it is that very Spirit
bearing witness with our spirit that
we are children of God. . . .**



"Our Father"



1 Corinthians 8:6 (NirV)

For us there is only one God. He is the Father. All things came from him, and we live for him. And there is only one Lord. He is Jesus Christ. All things came because of him, and we live because of him.

2 Corinthians 1:3-4a (NirV)

Give praise to the God and Father of our Lord Jesus Christ! He is the Father who gives tender love. All comfort comes from him. He comforts us in all our troubles.

Galatians 1:3-5 (NirV)

May God our Father and the Lord Jesus Christ give you grace and peace. Jesus gave his life for our sins. He set us free from this evil world. That was what our God and Father wanted. Give glory to God forever and ever. Amen.

ther... ”

One day Jesus was praying in a certain place. When he finished, one of his disciples said, “Master, teach us to pray just as John taught his disciples.”

So he said, “When you pray, say, Father, reveal who you are. Set the world right. Keep us alive with three square meals. Keep us forgiven with you and forgiving others. Keep us safe from ourselves and the Devil.”

—Luke 11:1-4 (The Message)

We say **“Our”** because of the astounding recognition that this God, the one who created the universe and flung the planets into their courses, the great God of heaven and earth, has willed to become our God. Before we reached out to God, God reached out to us and claimed us, promised to be our God, promised to make us God’s people.

Thus, not because of who we are or what we have done, but rather because of what God in Jesus Christ has done, we are privileged to say, **“Our Father.”**

—William Willimon and Stanley Hauerwas, © 1996.;
Used by permission. *Teach Us: The Lord’s Prayer & the Christian Life* (Abingdon Press, 1996), p. 25



Jesus shared this story:

There was a man who had two sons. The younger son spoke to his father. He said, “Father, give me my share of the family property.”

So the father divided his property between his two sons.

Not long after that, the younger son packed up all he had. Then he left for a country far away. There he wasted his money on wild living. He spent everything he had. Then the whole country ran low on food. So the son didn’t have what he needed. He went to work for someone who lived in that country, who sent him to the fields to feed the pigs. The son wanted to fill his stomach with the food the pigs were eating. But no one gave him anything.

Then he began to think clearly again. He said, “How many of my father’s hired workers have more than enough food! But here I am dying from hunger! I will get up and go back to my Father. I will say to him, ‘Father, I have sinned against heaven. And I have sinned against you. I am no longer fit to be called your son. Make me like one of your hired workers.’”

So he got up and went to his father.

While the son was still a long way off, his father saw him.

He was filled with tender love for his son.

He ran to him.

He threw his arms around him and kissed him.

The son said to him, “Father, I have sinned against heaven and against you. I am no longer fit to be called your son.”

But the father said to his servants, “Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. Bring the fattest calf and kill it. Let’s have a big dinner and celebrate. This son of mine was dead. And now he is alive again. He was lost. And now he is found.”

So they began to celebrate.

—Luke 15:11-24 (NirV)

Write down some words to describe the father in this story ...

Were you surprised by how the son acted? Were you surprised by how the father acted?

**Read the verses below again,
as though you are the child in the story and God is the Father.**

While you were still a long way off, our Father God saw you.

Our Father God was filled with tender love for you.

Our Father God ran to you.

Our Father God threw his arms around you and kissed you.

With that image in mind, complete the prayer below:

Our Father in heaven,
When I think of you as my Father, I feel ...

Thank you for giving me so many things I've needed.
Thank you especially for ...

You have promised, Father, to give your children what we need when we ask in faith. Father, I pray that ...

In Jesus' name,
Amen.

Q&A

How did Jesus teach us to pray?

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as it is in heaven.

Give us today our daily bread.
Forgive us our sins
as we also have forgiven those who sin
against us.

And lead us not into temptation,
but deliver us from the evil one.

For yours is the kingdom
and the power
and the glory forever. Amen.

—Q&A 75

Q&A

Why do we pray to God as “our Father in heaven”?

Because the almighty God is our Father through Jesus Christ.
Our Father will give us what we need when we ask in faith.

—Q&A 76



Step One:

Our Father, who art in heaven,

(Raise your arms upward in an arc or V position.)



Step Two:

Holy is your name.

(Kneel down; bow your head; bring your arms with the palms facing inward, in front of your chest, and bow low.)



Step Three:

Your kingdom come,

(Sweep right hand boldly outward across body and upward, palm up.)



Step Four:

Your will be

(Repeat with

PRAY The Lord's



Step Eight:

As we forgive those who sin against us.

(Open arms to your sides and straighten your body.)



Step Nine:

Lead us not into temptation

(Place your right hand in front of your head at eye level.)



Step Ten:

But deliver us from evil.

(Repeat motion with the left hand.)



Step Eleven:

For yours is kingdom,

(Sweep the right palm facing up over head.)



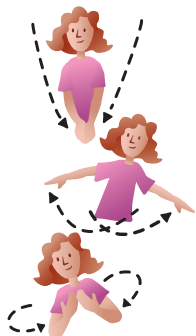
done
left hand.)

Prayer



en:
s the

ght arm,
up, over your



Step Five:
On earth as it is in
heaven.

*(Turn palms down. With
arms extended and palms
facing the earth, sweep arms
together in front of you,
uncross them, and return
them to the front of you.)*



Step Six:
Give us this day our
daily bread.

*(Cup your hands in front
of you. Bring your hands
up and touch your mouth.)*



Step Seven:
Forgive us our sins

*(Raise your hands
over your head and let
them flow down over
your shoulders as in a
washing movement.)*



Step Twelve:
The power,

*(Repeat with the left
arm.)*



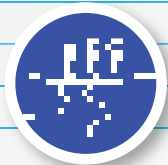
Step Thirteen:
And the glory forever.

*(Swing both arms in a
circular motion over your
head.)*



Step Fourteen:
Amen.

*(Bring your arms down
and bend over from the
hips.)*



open our eyes

As the travelers walked to Emmaus, they talked about the sad and confusing events of the past few days. Jesus came and walked with them, but they did not recognize him. What are some things that keep you from “seeing” Jesus? Jot your ideas here.

REVIEW



PREVIEW

Read this story from Matthew 20:

Jesus and his disciples were leaving Jericho. A large crowd followed him. Two blind men were sitting by the side of the road. They heard that Jesus was going by. So they shouted, “Lord! Son of David! Have mercy on us!” The crowd commanded them to stop. They told them to be quiet. But the two men shouted even louder, “Lord! Son of David! Have mercy on us!” Jesus stopped and called out to them. “What do you want me to do for you?” he asked. “Lord,” they answered, “we want to be able to see.” Jesus felt deep concern for them. He touched their eyes. Right away they could see. And they followed him.

Create a prayer in the space below, starting with the request, “**Lord, I want to be able to see . . .**”

—Matthew 20:29-34 (NIRV)

Read the verse below and continue to repeat it silently as you trace the path of the labyrinth with a pen or your finger. Once you reach the center, pause and spend 30 seconds in silence. Then continue to repeat Psalm 27:8 as you trace your way back out of the labyrinth.

"Come," my heart says, "seek his face!"

Your face, Lord, do I seek.

—Psalm 27:8 (NRSV)

Hundreds of years ago, Christians who were unable to take a pilgrimage to Jerusalem would follow the path of a labyrinth (inlaid on the floor of a cathedral) as a way of symbolizing a journey to Jerusalem, as they sought to be in the presence and fullness of God.



Dive, Year 2, Unit 5

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Unlike a maze, there are no shortcuts or dead ends in a labyrinth. The path always leads to the center.